

# Changing Lives Through Redecision Therapy

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Neuentscheidung (Changing lives through redecision therapy, dt.) Ein Modell d. Psychotherapie  
The Corsini Encyclopedia of Psychology and Behavioral Science, Volume 4  
Research Comparisons And Medical Applications Of Ericksonian Techniques  
Evolution Of Psychotherapy.....  
Redecision Therapy  
Handbook of Personality Disorders  
The Handbook of Constructive Therapies  
Theory and Practice of Counseling and Psychotherapy  
Theories and Strategies in Counseling and Psychotherapy  
Transactional Analysis  
Counselling in Action  
Theory and Practice of Group Counseling  
The International Journal of Group Psychotherapy  
Basic Approaches to Group Psychotherapy and Group Counseling  
The International Child Welfare Review  
Counseling  
Casework, a Psychosocial Therapy  
Transactional Analysis Journal  
Couple Therapy  
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redecision therapy is based on the premise that through goal setting and the reenactment of important childhood scenes we may change our future and gain control of our lives this revised and updated edition includes the innovative treatment techniques developed by the gouldings plus new material on short term treatment for victims of childhood sexual physical and emotional abuse and advice on how to utilize the strengths of each client to enhance and support therapy

a complete reference to the fields of psychology and behavioral science volume 4 is the final volume in the corsini encyclopedia of psychology and behavioral

science series providing psychologists teachers researchers and students with complete reference for over 1 200 topics across four volumes this resource is invaluable for both clinical and research settings coverage includes conditions assessments scales diagnoses treatments and more including biographies on psychologists of note and psychological organizations from across the globe the third edition has been updated to reflect the growing impact of neuroscience and biomedical research providing a highly relevant reference for the highest standard of care

this is the fourth volume in the widely hailed series of ericksonian monographs sponsored by the milton h erickson foundation as part of its expanding educational forum for mental health professionals the ericksonian monographs make available original work theory clinical technique case material and research on the cutting edge of ericksonian thought and practice ericksonian monographs no 4 presents a richly stimulating collection of articles which deal with three extremely important areas of development in ericksonian work research integration within the practice of other therapies and medical applications

first published in 1987 the milton h erickson foundation inc is a federal non profit corporation it was formed to promote and advance the contributions made to the health sciences by the late milton h erickson m d during his long and distinguished career this volume is a collection of the papers from video taped sessions at first evolution of psychotherapy conference

editor carolyn lennox characterizes the redecision therapist as a director in an improvisational theater guided by the client s personal contract for change the therapist helps the client select and rewrite old scripts in which he or she was cast as victim by keeping the dialogue moving and assisting the client in confronting negative messages the therapist supports revision of the last act so that the self can be experienced as triumphant protagonist and the victory can be carried over into everyday life this compendium of contributions from twenty two experienced redecision therapists first addresses issues of theory how to negotiate a clear contract for change how to identify client impasses how to access the client s potential for creativity what transactional analysis calls the natural child and then illustrates applications of the theory in the treatment of depression anxiety bulimia ptsd and so forth in individuals and groups and in private hmo and hospital settings closing chapters discuss redecision therapy training and supervision the book s thoroughly accessible approach to brief action oriented therapy will be welcomed by students and practitioners alike as what dr lennox gracefully terms teachable and learnable magic

this comprehensive reference edited by one of the leading experts in the field assimilates the newest and most effective treatment techniques for the personality disorders each chapter is written by leading scholars in the cognitive behavior humanistic and integrative theoretical models in addition to a detailed case example in each chapter additional case studies are integrated and used throughout

a guide to the use of treatment approaches known as constructive therapies the leading teachers and practitioners in this powerful handbook represent a

variety of schools of therapeutic treatments that all share an optimistic view of people as resourceful individuals who construct their own realities emphasizing a collaborative approach the therapies focus on the strengths and resources of the clients and look to where people want to go rather than where they have been hoyt should be commended for bringing together in one volume diverse voices that bring alive the exciting possibilities that mark and define this new era of psychotherapy steven freidman author of time effective psychotherapy

this revision of gerald corey s best selling text introduces students to the major theories of counseling psychoanalytic adlerian existential person centered gestalt reality behavior cognitive behavior family systems feminist and new to this edition postmodern approaches and demonstrates how each theory can be applied to a single case stan reviewed by 27 of the field s leading experts corey s seventh edition covers the major concepts of counseling theories shows students how to apply those theories in practice and helps them learn to integrate the theories into an individualized counseling style incorporating the thinking feeling and behaving dimensions of human experience corey offers an easy to understand text that helps students compare and contrast the therapeutic models this book is the center of a suite of products that include a revised student manual a revised casebook a companion text and an all new cd rom

the fourth edition is a revised and improved version of an outstanding book that has been widely used since 1984 practically and clinically applied this book contains appropriate references for all the major ideas and concepts therapy topics included in the book psychoanalytic aldieran jungian gestalt cognitive computer assisted and more new material on the chaos theory is also included counselors psychotherapists and psychiatrists

transactional analysis with its simplicity of language and clarity of concept offers an approach to counseling that promotes understanding and immediately catches the imagination yet below this surface appeal is a profound theoretical structure in this work the author explains these theoretical principles by relating them to direct practice he clearly illustrates the process of transactional analysis counselling from the first contact through initial diagnosis and treatment planning to contact making and the planned treatment sequence in addition he offers useful suggestions for how best to deal with changing behavior patterns and emotions of clients

in this revision of his best selling text corey outlines the basic elements of group process deals with ethical and professional issues special to group work and presents an overview of the key concepts and techniques of ten theoretical approaches to group counseling the focus is on the practical applications of theoretical models to group work two detailed chapters 16 and 17 walk students through the various stages of group development

encompassing many aspects of counselling this work organizes coverage around a developmental framework illustrating the growth and evolution of counselling as a profession and defining where and how it differs from other helping specialties part one explores the history of the counselling field professional

issues the qualities of effective counsellors and the challenges they face in part two the process stages and theories of the counselling profession are highlighted beginning with discussion of universal aspects of counselling followed by specifics of client service in part three the text examines counselling as it is actually practiced in a variety of situations for a variety of clients

textbook

this work describes how therapists combine a theoretical point of view special language and clinical examples it demonstrates the therapist s conceptualisations about the therapy as well as the therapy s content it should be useful to any experienced therapist regardless of discipline

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